

Michelle T. Ault, LCSW

Licensed Clinical Social Worker (NM C-09944)

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EDUCATION

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|-----|---|---------------------------------------|------|
| MSW | Clinical Social Work | University of Minnesota – Twin Cities | 2014 |
| BSW | Social Work | University of Wisconsin – River Falls | 2010 |
| N/A | Political Science/International Relations | Drake University | 2006 |

CLINICAL EXPERIENCE

Spire Group, LLC; Albuquerque, NM

January 2020 - Present

Co-Owner; Clinical Social Worker

Co-founder of a multidisciplinary psychotherapy clinic focused on competent clinical care and advocacy for veterans, military members, and their families. Partners with military organizations and local installation to fight systemic stigma in mental health care. Trains civilian psychotherapists on military culture and care, as well as supervises student therapists. Provides consultation to other mental health clinics and law offices on military/veteran mental health concerns.

Crosswind Associates; Albuquerque, NM

October 2017 - Present

Owner; Clinical Social Worker

Provides individual outpatient psychotherapy to adults with varying presenting concerns. Primary specializations include trauma, high-stakes occupations (e.g. military, first responders), depression, and suicidality. Advocates for individual patients to ensure receipt of appropriate care and support positive outcomes.

Kirtland Air Force Base - 377 Medical Group; Albuquerque, NM **June 2014 - September 2017**

Clinical Social Worker; Active Duty USAF Captain

Provided individual outpatient psychotherapy to active duty service members with varying presenting concerns. Other duties included triage and manage service members at acute risk for suicidality, complete fitness for duty evaluations and narratives for medical discharges, security clearance reviews, peer review, and unit outreach. Coauthored the clinic orientation manual to ensure a smooth transition for inbound staff. Helped ensure the 377 Medical Group's first TJC accreditation.

2017 – Air Force Commendation Medal

2015 – Medical Operations Squadron's Company Grade Officer of the 3rd Quarter

Kirtland Air Force Base - 377 Air Base Wing; Albuquerque, NM **December 2016 - August 2017**

Disaster Mental Health Team Chief; Active Duty USAF Captain

Coordinated 4 agencies on crisis response for suicides, accidental deaths, and mishaps. Ensured unit members were aware of post-incident resources, provided support to commanders, and trained Chaplains, Mental Health providers, Mental Health paraprofessionals, and other support agencies.

Kirtland Air Force Base - 377 Air Base Wing; Albuquerque, NM August 2015 - August 2017

Exceptional Family Member Program (EFMP) Review Authority; Active Duty USAF Captain

Completed review of electronic mental health record to ensure dependents of Active Duty service members obtained proper level of care at next assignment. Advised commanders of concerns and required specialties to aide in their approval process.

Therapeutic Services Agency; Pine City, MN

October 2013 - May 2014

Clinical Social Work Intern

Provision of skills-based treatment to adolescents in a Day Treatment Center and coordinated activities in a milieu setting. Assisted LCSWs in therapy groups for children and adolescents. Provided support to Therapeutic Foster Parents during multidisciplinary meetings.

PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS

National Association of Social Workers (NASW)
Psychotherapy Action Network

MILITARY DISTINCTIONS (COMPREHENSIVE)

2015 - Company Grade Officer of the 3rd Quarter; 377 Medical Operations Squadron

Medals - Air Force Commendation Medal
- Air Force Outstanding Unit Award (with one device)
- National Defense Service Medal
- Global War on Terrorism Service Medal
- Nuclear Deterrence Operations Service Medal
- Air Force Training Ribbon

EDUCATIONAL DISTINCTIONS

Scholarships

2013 - F. Edward Hébert Armed Forces Health Professions Scholarship (1-year academic scholarship, stipend, and full tuition); USAF
2005 - Academic Scholarship (Competitive, merit-based scholarships; \$10,000); Drake University

Honor Societies

Alpha Lambda Delta – National Honor Society for First-Year Success; Drake University

COMMUNITY VOLUNTEER ACTIVITIES

2009-2012: Restoring Family Links Coordinator; American Red Cross – Twin Cities Area Chapter
May-July 2010: Restoring Family Links Volunteer; American Red Cross – National Headquarters
August 2020-Present: NMSU Social Work Program Field Instructor

REFERENCES

Joye L. Henrie, PhD
Owner, Desert Wise
Albuquerque, NM

B. Tom Hail, Maj, USAF, LCSW
Inspector, AF Inspection Agency
Albuquerque, NM

David Dziolek, Maj, USAF
Chaplain, 71 FTW
Vance Air Force Base
Enid, OK